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G7 Research Group

The
G7 Research Group
at the Munk School of Global Affairs at Trinity College in the University of Toronto
presents the

2017 Taormina G7 Final Compliance Report

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“We have meanwhile set up a process and there are also independent institutions monitoring which objectives of our G7 meetings we actually achieve. When it comes to these goals we have a compliance rate of about 80%, according to the University of Toronto. Germany, with its 87%, comes off pretty well. That means that next year too, under the Japanese G7 presidency, we are going to check where we stand in comparison to what we have discussed with each other now. So a lot of what we have resolved to do here together is something that we are going to have to work very hard at over the next few months. But I think that it has become apparent that we, as the G7, want to assume responsibility far beyond the prosperity in our own countries. That’s why today’s outreach meetings, that is the meetings with our guests, were also of great importance.”

Chancellor Angela Merkel, Schloss Elmau, 8 June 2015

G7 summits are a moment for people to judge whether aspirational intent is met by concrete commitments. The G7 Research Group provides a report card on the implementation of G7 and G20 commitments. It is a good moment for the public to interact with leaders and say, you took a leadership position on these issues – a year later, or three years later, what have you accomplished?

Achim Steiner, Administrator, United Nations Development Programme, in [G7 Canada: The 2018 Charlevoix Summit](#)

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15. Health: Mental Health

“[We are committed to pursuing policies that advance] mental health [improvements across the globe.]”

G7 Taormina Leaders’ Communiqué

Assessment

Member	No Compliance	Partial Compliance	Full Compliance
Canada		0	
France	-1		
Germany	-1		
Italy	-1		
Japan	-1		
United Kingdom		0	
United States	-1		
European Union			+1
Average		-0.50	

Background

The 2016 G7 Ise Shima Summit marked a recent shift in the global health agenda to include mental health.¹⁸⁵² At that summit, G7 leaders committed to “promoting women’s, children’s, and adolescents’ mental and physical health, ensuring sexual and reproductive health and rights without discrimination of any kind.”¹⁸⁵³ At the 2017 G7 Taormina Summit, leaders reaffirmed their commitment the health of young women, children and adolescents.¹⁸⁵⁴ There is a knowledge and resource gap between developed countries and those developing regarding mental health diagnosis, treatment and prevention. Narrowing this gap of knowledge and resources in mental health is often the secondary focus of other international, healthcare-oriented organizations, such as the World Health Organization (WHO).¹⁸⁵⁵

Mental health refers to a humans emotional, psychological and social well-being according to the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5) published by the American Psychiatric Association (APA) in 2013. The 2013 DSM-5 is the standard tool used in many developed countries for psychiatric diagnostics.. The APA claims that the DSM-5 consists of “more than 10 years of effort by hundreds of international experts ... their dedication and hard work have yielded an authoritative volume that defines and classifies mental disorders in order to improve diagnosis, treatment, and research.”¹⁸⁵⁶

¹⁸⁵² G7 Ise-Shima Vision for Global Health. G8 Information Center (Toronto) 27 May 2016. Access Date: 13 October 2017. <http://www.g8.utoronto.ca/summit/2016shima/ise-shima-declaration-en.html#health>.

¹⁸⁵³ G7 Ise-Shima Leaders’ Declaration. Ministry of Foreign Affairs of Japan (Ise-Shima) 26–27 May 2016. Access Date: 12 November 2017. <http://www.mofa.go.jp/files/000160266.pdf>.

¹⁸⁵⁴ G7 Taormina Leaders’ Communiqué, G7 2017 Italia (Taormina) 27 May 2017. Access Date: 13 October 2017. http://www.g7italy.it/sites/default/files/documents/G7%20Taormina%20Leaders%27%20Communique_27052017_0.pdf.

¹⁸⁵⁵ Grand Challenges in Global Mental Health, National Institute of Mental Health. 7 July 2011. Access Date: 28 January 2018. <https://www.nimh.nih.gov/about/organization/gmh/grandchallenges/index.shtml>.

¹⁸⁵⁶ DSM-5, American Psychiatric Association (Arlington) 2017. Access Date: 13 November 2017. <https://www.psychiatry.org/psychiatrists/practice/dsm>.

Mental health disorders often go undiagnosed and threaten to significantly reduce the quality of life of a sufferer with increased stigma.¹⁸⁵⁷ Although the overall death rate due to mental health disorders is low compared to communicable diseases, mental health disorders continue to affect both developed and developing populations across the world.

In 2001, WHO reported that one in every four individuals would suffer from mental or neurological conditions.¹⁸⁵⁸ The report continues, stating that “treatments are available, but nearly two-thirds of people ... never seek help [due to] stigma, discrimination and neglect, preventing both care and treatment.”¹⁸⁵⁹

In 2016, the G7 countries committed to improve mental health policy, including in the areas of healthy and active ageing.¹⁸⁶⁰

Compliance with the G7’s mental health commitments have not before been assessed by the G7 Research Group, nor by any major international organization.

Commitment Features

The G7 members committed to “[pursuing policies that advance] mental health [improvements across the globe].”¹⁸⁶¹ In 2013, WHO, of which all G7 countries are members, released a report entitled Mental Health Action Plan 2013-2020 that addressed the necessity of more targeted practices to support the improvement of mental health.¹⁸⁶² The overall goal of this action plan is “a world in which mental health is valued, promoted and protected.”¹⁸⁶³ This identifies the core intent of the relevant commitment. Thus, this commitment requires that G7 member countries take actions to support policy prescriptions and other measures recommended in this action plan. The G7 Research Group defines “advance,” as a “move or push forward, to make progress, give active support to, promote, cause an event to occur at an earlier date.” To “pursue,” is to “follow in order to catch or capture, to try to get a do over a period of time.”

The action plan draws from WHO’s regional action plans and strategies for mental health and substance abuse to identify the most important policy prescriptions and actions necessary to promote global mental health improvements. Environmental, social, cultural, political and economic factors were taken into account in the development of this action plan.

There are two parts to this commitment.

¹⁸⁵⁷ Key facts about mental health, International Center for Clubhouse Development (New York) 2017. Access Date: 13 November 2017. <http://www.iccd.org/keyfacts.html>.

¹⁸⁵⁸ Mental disorders affect one in four people. WHO (Geneva) 4 October 2001. Access Date: 13 October 2017. http://www.who.int/whr/2001/media_centre/press_release/en/.

¹⁸⁵⁹ Mental disorders affect one in four people. WHO (Geneva) 4 October 2001. Access Date: 13 October 2017. http://www.who.int/whr/2001/media_centre/press_release/en/.

¹⁸⁶⁰ G7 Ise-Shima Vision for Global Health. G8 Information Center (Toronto) 27 May 2016. Access Date: 13 October 2017. <http://www.g8.utoronto.ca/summit/2016shima/ise-shima-declaration-en.html#health>.

¹⁸⁶¹ G7 Taormina Leaders’ Communiqué, G7 2017 Italia (Taormina). 27 May 2017. Access Date: 13 October 2017. http://www.g7italy.it/sites/default/files/documents/G7%20Taormina%20Leaders%27%20Communique_27052017_0.pdf.

¹⁸⁶² Mental Health Action Plan 2013 — 2020, World Health Organization (Geneva) 2013. Access Date: 13 October 2017. http://apps.who.int/iris/bitstream/10665/89966/1/9789241506021_eng.pdf?ua=1.

¹⁸⁶³ Mental Health Action Plan 2013 — 2020, World Health Organization (Geneva) 2013. Access Date: 13 October 2017. http://apps.who.int/iris/bitstream/10665/89966/1/9789241506021_eng.pdf?ua=1.

Part One: National/Domestic Component: Implementation of National/Domestic Mental Health Initiatives

In order to be considered as implementing national mental health initiatives, G7 members must take action in one or more of the following ways:

1. Ensure that national policies on mental health are developed and implemented in line with evidence and best practices, such as the Convention on the Rights of Persons with Disabilities or other internationally recognized standards.¹⁸⁶⁴
2. Measure and allocate budget necessary to implement evidence-based mental health plans and actions on a national level.¹⁸⁶⁵
3. Engage with stakeholders from all levels to guarantee nuanced, evidence-based policy prescriptions and actions.¹⁸⁶⁶
4. Formalize the role of people with mental health diseases in the process of developing, assessing, monitoring, and implementing mental health plans and actions.¹⁸⁶⁷
5. Prioritize the protection of vulnerable and marginalized populations by ensuring access to mental health resources, health care, clean water, and other factors necessary to promote mental health.¹⁸⁶⁸

Part Two: International Component: Mental Health Promotion as a Member of an International Organization

1. Support the implementation of WHO's Mental Health Action Plan 2013–2020 and other mental health initiatives by international organizations.¹⁸⁶⁹
2. Provide regional support to developing countries to develop their healthcare infrastructure to include mental health policy and actions.¹⁸⁷⁰
3. Encourage opportunities for information exchange between countries to further develop best practices.¹⁸⁷¹

¹⁸⁶⁴ Convention on the Rights of Persons with Disabilities, United Nations (New York) 13 December 2006. Access Date: 13 October 2017. <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.

¹⁸⁶⁵ Convention on the Rights of Persons with Disabilities, United Nations (New York) 13 December 2006. Access Date: 13 October 2017. <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.

¹⁸⁶⁶ Convention on the Rights of Persons with Disabilities, United Nations (New York) 13 December 2006. Access Date: 13 October 2017. <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.

¹⁸⁶⁷ Convention on the Rights of Persons with Disabilities, United Nations (New York) 13 December 2006. Access Date: 13 October 2017. <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.

¹⁸⁶⁸ Convention on the Rights of Persons with Disabilities, United Nations (New York) 13 December 2006. Access Date: 13 October 2017. <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.

¹⁸⁶⁹ Convention on the Rights of Persons with Disabilities, United Nations (New York) 13 December 2006. Access Date: 13 October 2017. <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.

¹⁸⁷⁰ Convention on the Rights of Persons with Disabilities, United Nations (New York) 13 December 2006. Access Date: 13 October 2017. <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.

4. Work with international organizations to provide mental health support during humanitarian emergencies or natural disasters.¹⁸⁷²
5. Contribute to the development of health information system to monitor mental health emergencies and to improve the delivery of mental health resources.¹⁸⁷³

To achieve full compliance for this commitment, G7 members must implement policies and take actions on a national level and as a member of an international organization (to fulfill the requirement of global implementation), with more weight placed on actions that emphasize improvements across the globe.

Scoring Guidelines

-1	G7 member does not implement national actions towards mental health improvements AND does not partake in international actions.
0	G7 member implements at least THREE of FIVE actions towards mental health improvements on BOTH a national and international level.
+1	G7 member implements at least THREE of FIVE national actions towards mental health improvements AND at least FIVE of FIVE international actions; OR at least FOUR of FIVE national actions AND at least FOUR of FIVE international actions.

Lead Analyst: Avinash N. Mukkala

Canada: 0

Canada has partially complied with its commitment to pursuing policies that advance mental health improvements across the globe.

On 6 June 2017, the Government of Canada announced CAD 4.8 million in funding to mobilize international research networks to address gaps in mental health research. The research will focus primarily on youth mental health addiction services, prisoner mental health practices, and best practices in health supply chains.¹⁸⁷⁴ This action is also in support of the World Health Organization's (WHO) Mental Health Action Plan 2013-2020.

On 13 June 2017, the Mental Health Commission of Canada (MHCC) and HealthCareCAN launched the Declaration of Commitment to Psychological Health and Safety in Healthcare.¹⁸⁷⁵ This document commits hospitals and related institutions to promoting staff mental health by recognizing its importance to patient safety and workplace culture.

¹⁸⁷¹ Convention on the Rights of Persons with Disabilities, United Nations (New York) 13 December 2006. Access Date: 13 October 2017. <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.

¹⁸⁷² Convention on the Rights of Persons with Disabilities, United Nations (New York) 13 December 2006. Access Date: 13 October 2017. <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.

¹⁸⁷³ Convention on the Rights of Persons with Disabilities, United Nations (New York) 13 December 2006. Access Date: 13 October 2017. <https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>.

¹⁸⁷⁴ Canadian youth & mental health patients to benefit from new support for research collaborations, CISION (Ottawa) 6 June 2017, Access Date: 28 January 2018. <https://www.newswire.ca/news-releases/canadian-youth—mental-health-patients-to-benefit-from-new-support-for-research-collaborations-626729611.html>.

¹⁸⁷⁵ HealthCareCAN and the Mental Health Commission of Canada Launch the Declaration of Commitment to Psychological Health and Safety in Healthcare, Mental Health Commission of Canada (Ottawa) 13 June 2017. Access Date: 16 November 2017. <https://www.mentalhealthcommission.ca/English/news-article/13207/healthcarecan-and-mental-health-commission-canada-launch-declaration-commitment>.

On 7 September 2017, the MHCC announced a pilot project to “teach students how to better understand and manage their mental health.”¹⁸⁷⁶ The program involves students sharing personal experiences, discussing coping strategies, and watching videos of peers in recovery. Canada has protected students vulnerable to mental illness by ensuring their access to adequate mental health resources. This action is also in support of the WHO’s Mental Health Action Plan 2013-2020.

On 16 November 2017, Canada and China jointly funded EMBED for CAD 2.15 million. EMBED is a five-year project to integrate mobile applications, text messaging and electronic medical records in improving mental health. This project is intended to address, in both countries, “a shortage of mental health care professionals, especially in remote areas, as well as time constraints for psychiatrists and other experts.”¹⁸⁷⁷ This project aims to use apps to identify symptoms and provide assistance in the absence of a mental health professional. This action is also in support of the WHO’s Mental Health Action Plan 2013-2020.

On 13 December 2017, Minister of International Development and La Francophonie the Honourable Marie-Claude Bibeau announced CAD 12.55 million of humanitarian relief for Rohingya victims of violence in Myanmar. The initiatives supported include “psychosocial counselling.”¹⁸⁷⁸ This demonstrates Canada’s role in working with international organizations to provide mental health support during humanitarian emergencies.

On 27 February 2018, Finance Minister Bill Morneau released the Canadian federal budget for 2018-2019. Canada has allocated funds for “targeted investments in healthy workplaces, housing, the opioid crisis, cannabis education, Indigenous mental health, veterans, inmates and corrections and public safety officers.”¹⁸⁷⁹ This demonstrates Canada’s allocation of budget towards national mental health efforts, engagement with stakeholders to make nuanced policy, and protection of vulnerable populations by ensuring access to housing.

On 22 March 2018, the Canadian Institute for Health Information (CIHI) published a progress report on efforts to address data gaps and improve decision-making in mental health. Working “with federal, provincial and territorial (FPT) governments, CIHI is supporting the development of a set of common indicators focused on measuring pan-Canadian access to mental health and addiction services, and to home and community health care.” This demonstrates Canada’s commitment to developing health information systems to improve the delivery of mental health resources. This action is also in support of the WHO’s Mental Health Action Plan 2013-2020.

On 11 April 2018, “Canada's Minister of Indigenous Services, Jane Philpott, Ontario's Minister of Children and Youth Services, Michael Coteau, and Ontario Regional Chief Isadore Day announced a joint initiative to establish 19 new mental wellness teams hosted by First Nations organizations and selected by First Nations leaders. The Government of Canada and the Government of Ontario are each providing CAD 5 million per year starting in 2018-19 to support the implementation of these

¹⁸⁷⁶ New Student Mental Health Program to be Piloted on Seven Canadian Campuses, Mental Health Commission of Canada (Ottawa) 7 September 2017. Access Date: 16 November 2017.

<https://www.mentalhealthcommission.ca/English/news-article/13284/new-student-mental-health-program-be-piloted-seven-canadian-campuses>.

¹⁸⁷⁷ Canada, China partner on project using apps, texts to treat mental health, Canadian Broadcasting Corporation (Ottawa) 09 November 2017. Access Date: 16 November 2017. <http://www.cbc.ca/news/politics/canada-china-mental-health-care-1.4395193>.

¹⁸⁷⁸ Minister Bibeau announces final tally for Myanmar Crisis Relief Fund, Global Affairs Canada (Ottawa) 13 December 2017. Access Date: 24 April 2018.

¹⁸⁷⁹ The Canadian Mental Health Association Responds to the Federal Budget, Canadian Mental Health Association (Toronto) 28 February 2018. Access Date: 24 April 2018. <https://cmha.ca/news/the-canadian-mental-health-association-responds-to-the-federal-budget>.

teams.”¹⁸⁸⁰ Canada has made budget allocations towards national mental health initiatives, and engaged with stakeholders to develop nuanced mental health policy.

Canada has taken steps towards implementing national health initiatives. Canada has prioritized access to mental health resources for vulnerable populations, including for Indigenous populations. In addition, Canada has engaged with healthcare workers to develop relevant mental health policy. However, Canada

Additionally, Canada has made progress in promoting mental health as a member of an international organization. It has encouraged information exchange with China, contributed to a health information system for monitoring and delivery of mental health resources and supported the implementation of WHO’s Mental Health Action Plan 2013-2020, but has not provided regional support to developing countries’ mental health initiatives or provided mental health support during humanitarian crises.

Thus, Canada receives a score of 0.

Analyst: Frederick Zhang

France: -1

France has not complied with its commitment to implement national mental health initiatives and not complied with its commitment to promote mental health as a member of an international organization.

On 8 September 2017, a decree on territorial mental health projects was added to the modernization law, setting out six priorities to be met by each territorial mental health project in the country: 1) early identification of mental disorders, diagnoses, and improvement of access to care and social or medico-social support; 2) the organization of a pathway for people, especially those with serious, at-risk or psychologically-handicapped disorders, to navigate their recovery and social integration; 3) access to somatic care for people with mental disorders; 4) prevention and management of crisis and emergency situations; 5) the promotion of and respect for the rights of persons with mental disorders; 6) action and the fight against the stigmatization of these disorders.¹⁸⁸¹

On 18 September 2017, the French Ministry of Health released the first draft of its 2018-2022 National Health Strategy, which identifies 10 priority mental health goals to be addressed in the coming years. This includes the adoption of interdisciplinary approaches to mental health, the reduction of time required for mental health care, and the strengthening of suicide prevention efforts, among others.¹⁸⁸²

On 2 May 2018, Union Nationale de Familles et Amis de Personnes Malades et/ou Handicapées Psychiques (UNAFAM) and Mental Health France, announced the implementation of a training program designed to educate the public on mental health crises.¹⁸⁸³ The General Directorate of Health, the National Public Health Agency and the Fondation de France contributed to the financing

¹⁸⁸⁰ Canada, Ontario and First Nations leaders to expand access to mental health services across Ontario, Canada Newswire (Ottawa) 11 April 2018. Access Date: 24 April 2018. <https://www.newswire.ca/news-releases/canada-ontario-and-first-nations-leaders-to-expand-access-to-mental-health-services-across-ontario-679465903.html>.

¹⁸⁸¹ Les projets territoriaux de santé mentale sont lancés, Ministère des Solidarités et de la Santé (Paris) 8 September 2017. Access Date: 20 November 2017. <http://solidarites-sante.gouv.fr/actualites/presse/communiqués-de-presse/article/les-projets-territoriaux-de-sante-mentale-sont-lances>.

¹⁸⁸² Stratégie nationale de santé 2018-2022, Ministère des Solidarités et de la Santé (Paris) 18 September 2017. Access Date: 20 November 2017. http://solidarites-sante.gouv.fr/IMG/pdf/dossier_sns_2017_vdef.pdf.

¹⁸⁸³ Programme de formation "Premiers Secours en Santé Mentale, UNAFAM (Paris) 2 May 2018. Access Date: 14 May 2018. <http://www.unafam.org/Programme-de-formation-Premiers.html>.

of this program.¹⁸⁸⁴ This action is also in support of the World Health Organization's Mental Health Action Plan 2013-2020.

France has demonstrated efforts to comply with its mental health commitments at the national level, it has not fulfilled any of its mental health commitments to the international community.

Thus, France has received a score of -1.

Analyst: Sabrina Lin

Germany: -1

Germany has not complied with its commitments for improving its policies to improve mental health care across the globe.

On 2 June 2017, a report was released acknowledging Germany's leadership in Europe for supporting those affected with mental health illnesses, citing their inpatient and outpatient services where general practitioners are able to play key roles in diagnosis. Patients can also seek direct help from psychiatrists, clinical psychologists and psychosomatic medicine specialists. Germany also provides partial inpatient treatment to ease transition from clinic to home.¹⁸⁸⁵

On 3 September 2017, the non-profit Doctors Without Borders in partnership with the German Government outlined a mental health project for refugees. The project trains refugees to counsel their peers with coping skills and stress management and matched them with others who came from similar backgrounds. The initiative is to make up for the shortage of mental health services available to asylum seekers.¹⁸⁸⁶ This action is also in support of the World Health Organization's Mental Health Action Plan 2013-2020.

On 4 October 2017, German appointment procedures and waiting times for mental health services were reported. The average admission rate for depression in German hospitals has increased while, the waiting times have been stagnant. On average, a person must wait three months for an initial appointment with a registered psychotherapist. For some of these cases, this long wait time is fatal.¹⁸⁸⁷

Germany has demonstrated some efforts to comply with its mental health commitments at both the international and national levels, but not to the extent required by the commitment.

Thus, Germany receives a score of -1.

Analyst: Salsabila Ahmed

Italy: -1

Italy has not complied with its commitment to implement national mental health initiatives and to promote mental health as a member of an international organization.

¹⁸⁸⁴ Programme de formation "Premiers Secours en Santé Mentale, UNAFAM (Paris) 2 May 2018. Access Date: 14 May 2018. <http://www.unafam.org/Programme-de-formation-Premiers.html>.

¹⁸⁸⁵ Understanding Mental Health Care in Germany, Stripes Europe (Berlin) 2 June 2017. Access Date: 17 November 2017. <http://europe.stripes.com/health/understanding-mental-health-care-germany>.

¹⁸⁸⁶ In Germany Refugees are being Trained as Mental Health Counselors for Peers, Haaretz (Israel) 3 September 2017. Access Date: 15 November 2017. <https://www.haaretz.com/world-news/europe/1.809949>.

¹⁸⁸⁷ How Foreigners in Berlin are turning to a Black Market in Mental Health for Treatment, The Local (Berlin) 4 October 2017. Access Date: 20 November 2017. <https://www.thelocal.de/20171004/how-foreigners-in-berlin-are-turning-to-a-mental-health-black-market-to-treat-their-needs>.

On 13 September 2017, Italy and the World Health Organization signed a country cooperation strategy for the first time that defines a strategic framework for cooperation between the partners.¹⁸⁸⁸ Covering the period from 2017 to 2022, the strategy aims to promote well-being by addressing and mitigating the impact of the risk factors for noncommunicable diseases, including mental health, women's and children's health.

On 26 September 2017, Italy launched its first official migrant integration plan, in which the government pledges to acknowledge the vulnerability of asylum seekers, and pay particular attention to mental health, among other things.¹⁸⁸⁹

On 5 October 2017, the Italian city of Lodi held a Mental Health Week, an initiative meant to support women suffering from anxiety, depression, mood and sleep disorders, psychosis and eating disorders. The event consisted of a variety of workshops and services to bring primary mental healthcare to the level of the citizens.¹⁸⁹⁰ This action is also in support of the World Health Organization's Mental Health Action Plan 2013-2020.

On 12 October 2017, the Committee on Social Policy and Health, headed by Rodolfo Lena, held an annual hearing with the Regional Mental Health Consultation chaired by Daniela Pezzi.¹⁸⁹¹ Mental health strategies in the past and present were discussed in an effort to improve health service delivery in the coming year. This action is also in support of the WHO's Mental Health Action Plan 2013-2020.

Italy has demonstrated efforts to comply with its mental health commitments at both the international and national level, but not enough to receive a partial score.

Thus, Italy has received a score of -1.

Analyst: Sabrina Lin

Japan: -1

Japan has not complied with its commitment to pursue policies that advance mental health improvements and to promote mental health as a member of an international organization.

On 25 July 2017, Prime Minister Shinzo Abe's government approved a plan aimed at reducing the country's suicide rate by 30% over the next decade.¹⁸⁹² This plan calls for excessive working hours, postpartum depression and high teen suicide rates to be addressed.¹⁸⁹³ The government has pledged to focus on ensuring workers' mental health, assessing the mental state and living conditions of a

¹⁸⁸⁸ WHO and Italy sign first country cooperation strategy, WHO (Geneva) 26 September 2017. Access Date: 23 November 2017. <http://www.euro.who.int/en/countries/italy/news/news/2017/09/who-and-italy-sign-first-country-cooperation-strategy>.

¹⁸⁸⁹ Italy launches first official migrant integration plan: Five things you need to know, The Local (Rome) 27 September 2017. Access Date: 23 November 2017. <https://www.thelocal.it/20170927/italy-launches-first-official-migrant-integration-plan-five-things-you-need-to-know>.

¹⁸⁹⁰ Salute mentale, open day in ospedale: ecco le iniziative al Maggiore di Lodi, Il Giorno (Rome) 5 October 2017. Access Date: 23 November 2017. <http://www.ilgiorno.it/lodi/cronaca/open-day-salute-mentale-1.3445029>.

¹⁸⁹¹ Consiglio Lazio: relazione Consulta salute mentale alla Pisana, Lazio AskANews (Rome). 12 October 2017. Access Date: 23 November 2017. http://www.askanews.it/cronaca/2017/10/12/consiglio-lazio-relazione-consulta-salute-mentale-alla-pisana-pn_20171012_00261.

¹⁸⁹² Japan aims to reduce 'critical' suicide rate by 30% over 10 years, The Japan Times (Tokyo) 25 July 2017. Access Date: 20 November 2017. https://www.japantimes.co.jp/news/2017/07/25/national/japan-aims-cut-critical-suicide-rate-30-10-years/#.WhNz_LQ-cxe.

¹⁸⁹³ Japan aims to reduce 'critical' suicide rate by 30% over 10 years, The Japan Times (Tokyo) 25 July 2017. Access Date: 20 November 2017. https://www.japantimes.co.jp/news/2017/07/25/national/japan-aims-cut-critical-suicide-rate-30-10-years/#.WhNz_LQ-cxe.

mother after childbirth through health checkups and promoting educational efforts to better inform students on how they can seek help.¹⁸⁹⁴

On 1 September 2017, the Japanese government set up a 24/7 telephone counselling service for children and parents on the first day back to school after the summer holidays.¹⁸⁹⁵ The first day back is a day where teen suicide rates tend to be three times higher than any other day of the year.¹⁸⁹⁶

On 5 and 6 November 2017, Japan's Minister of Health attended the G7 health ministerial meeting, where the group agreed that it will seek to improve access to mental health services and respect, protect and fulfil women's, children's and adolescent's right to the highest standard of mental health.¹⁸⁹⁷ A further emphasis was placed on adolescents as the group invited the Organisation for Economic Co-operation and Development to judge mental health performance by specifically focusing on adolescents.¹⁸⁹⁸

On 19 December 2017, the Japanese government announced that the Internet Hotline Centre Japan would monitor online postings and comments which expressed a desire to commit suicide, in an effort to help and stop the individuals behind these social media postings.¹⁸⁹⁹ This plan also intends on providing further mental health care to individuals by displaying contact information of suicide prevention organisations on a device, whenever a suicidal comment or post is made from it.¹⁹⁰⁰ This action is also in support of the World Health Organization's Mental Health Action Plan 2013-2020.

On 1 March 2018, Prime Minister Shinzo Abe held a press conference regarding the work style reforms which will enable flexible working hours as well as limit the maximum hours of overtime permitted at the workplace.¹⁹⁰¹ Penalties will accompany these reforms to encourage the elimination of long and excessive working styles which lead to many cases of Karoshi, death by overwork, a very common cause of death in Japan.¹⁹⁰² Prime Minister Abe further stated that plans to expand the range of workers under the discretionary working system, an overtime work system that results often results in unpaid labour, would be abandoned.¹⁹⁰³

¹⁸⁹⁴ Japan aims to reduce 'critical' suicide rate by 30% over 10 years, The Japan Times (Tokyo) 25 July 2017. Access Date: 20 November 2017. https://www.japantimes.co.jp/news/2017/07/25/national/japan-aims-cut-critical-suicide-rate-30-10-years/#.WhNz_LQ-cxe.

¹⁸⁹⁵ Suicide watch begins as stressed children return to school, The Japan Times (Tokyo) 1 September 2017. Access Date: 20 November 2017. <https://www.japantimes.co.jp/news/2017/09/01/national/social-issues/suicide-watch-begins-stressed-children-return-school/#.WhNzDbQ-cxe>.

¹⁸⁹⁶ Suicide watch begins as stressed children return to school, The Japan Times (Tokyo) 1 September 2017. Access Date: 20 November 2017. <https://www.japantimes.co.jp/news/2017/09/01/national/social-issues/suicide-watch-begins-stressed-children-return-school/#.WhNzDbQ-cxe>.

¹⁸⁹⁷ G7 Milan Health Ministers' Communiqué, Italian G7 Presidency 2017 (Milan) 6 November 2017. Access Date: 20 November 2017.

http://www.g7italy.it/sites/default/files/documents/FINAL_G7_Health_Communicu%C3%A8_Milan_2017_0.pdf.

¹⁸⁹⁸ G7 Milan Health Ministers' Communiqué, Italian G7 Presidency 2017 (Milan) 6 November 2017. Access Date: 20 November 2017.

http://www.g7italy.it/sites/default/files/documents/FINAL_G7_Health_Communicu%C3%A8_Milan_2017_0.pdf.

¹⁸⁹⁹ Suicidal online postings will be monitored to provide help, The Asahi Shimbun (Tokyo) 19 December 2017. Access Date: 9 January 2018. <http://www.asahi.com/ajw/articles/AJ201712190048.html>.

¹⁹⁰⁰ Suicidal online postings will be monitored to provide help, The Asahi Shimbun (Tokyo) 19 December 2017. Access Date: 9 January 2018. <http://www.asahi.com/ajw/articles/AJ201712190048.html>.

¹⁹⁰¹ Press Occasion on the Work Style Reform Bills and Other Matters, Prime Minister of Japan and His Cabinet (Tokyo) 1 March 2018. Access Date: 22 April 2018. http://japan.kantei.go.jp/98_abe/actions/201803/1article1.html

¹⁹⁰² Press Occasion on the Work Style Reform Bills and Other Matters, Prime Minister of Japan and His Cabinet (Tokyo) 1 March 2018. Access Date: 22 April 2018. http://japan.kantei.go.jp/98_abe/actions/201803/1article1.html

¹⁹⁰³ Nomura worker kills himself due to overwork after massive OT, The Asahi Shimbun 4 March 2018. Access Date: 22 April 2018 <http://www.asahi.com/ajw/articles/AJ201803040027.html>

On 1 April 2018, the Japanese government started their research on a middle-aged group of people known as hikikomoris, who are distinctly known for their reclusiveness.¹⁹⁰⁴ They are defined as people who have not left their homes in six months and have trouble interacting with the outside world due to mental health issues.¹⁹⁰⁵ The Japanese government allocated JPY 20 million towards this research at the beginning of 2018 to better understand why middle-aged individuals are turning to this way of life.¹⁹⁰⁶ This action is also in support of the WHO Mental Health Action Plan 2013-2020.

Japan has made limited efforts to comply with its commitment on both a national and international level, but has not taken enough action to be awarded a partial score.

Thus, Japan receives a score of -1.

Analyst: Tasmiyah Randeree

United Kingdom: 0

The United Kingdom has partially complied with its commitment to pursuing policies that advance mental health improvements across the globe.

On 23 June 2017, National Health Services England announced 11 new websites to help redesign mental health services. This is to help reduce the number of people travelling long distances for mental health care, increasing overall accessibility.¹⁹⁰⁷

On 29 June 2017 the National Audit Office published a report on current mental health in the England prison system. This report states that previous mental health care service plans were ambitious and will be difficult to achieve in practice. The report also states the the British government does not record sufficient data regarding mental health in prisons, making it difficult to plan policy interventions that will be effective in the future.¹⁹⁰⁸

In July 2017, the National Health Service (NHS) published Stepping Forward to 2020/21: Mental Health Workforce Plan for England in response to and in support of the commitments made in the Five Year Forward View for Mental Health.¹⁹⁰⁹ The workforce plan was agreed to across the NHS and is based off the most comprehensive and robust study of the mental health workforce to date.¹⁹¹⁰

On 19 July 2017, the Mental Health Units (Use of Force) Bill 2017-2019 was presented. This bill is seeking to make provision about the oversight and management of use of force in relation to patients

¹⁹⁰⁴ Japan's first nationwide survey of middle-aged hikikomori in the pipeline, The Japan Times (Tokyo) 7 January 2018. Access Date: 22 April 2018. <https://www.japantimes.co.jp/news/2018/01/07/national/japans-first-nationwide-survey-middle-aged-hikikomori-pipeline/#.WtOwktPwYxc>

¹⁹⁰⁵ Japan's older hikikomori live in isolation, shunning society for years, The Japan Times (Tokyo) 21 March 2018. Access Date: 22 April 2018. <https://www.japantimes.co.jp/news/2018/03/21/national/social-issues/japans-older-hikikomori-live-isolation-shunning-society-years/#.WtyxhtPwYxc>

¹⁹⁰⁶ Japan's first nationwide survey of middle-aged hikikomori in the pipeline, The Japan Times (Tokyo) 7 January 2018. Access Date: 22 April 2018. <https://www.japantimes.co.jp/news/2018/01/07/national/japans-first-nationwide-survey-middle-aged-hikikomori-pipeline/#.WtOwktPwYxc>

¹⁹⁰⁷ NHS England announces new sites to redesign mental health services and cut out area of placements, NHS England (London) 23 June 2017. Access Date: 12 November 2017. <https://www.england.nhs.uk/2017/06/new-sites-to-redesign-mental-health-services/#pilot-sites>.

¹⁹⁰⁸ Mental health in prisons, National Audit Office (London) 29 June 2017. Access Date: 12 November 2017. <https://www.nao.org.uk/report/mental-health-in-prisons/>.

¹⁹⁰⁹ Mental health workforce plan – published July 2017, Healthcare Conferences UK (London) 4 August 2017. Access Date: <https://www.healthcareconferencesuk.co.uk/news/mental-health-workforce-plan>

¹⁹¹⁰ Mental health workforce plan – published July 2017, Healthcare Conferences UK (London) 4 August 2017. Access Date: <https://www.healthcareconferencesuk.co.uk/news/mental-health-workforce-plan>

in mental health units and similar settings by introducing statutory requirements regarding the use of force upon patients in mental health units.¹⁹¹¹

On 21 July 2017, the Queen's Speech confirmed that mental health legislation will be reformed. The reformation is in relation to current legislation in which people with severe mental illness can be detained for assessment and treatment.¹⁹¹²

On 31 July 2017, Health Secretary Jeremy Hunt launched a plan to expand the mental health workforce in England. This plan includes adding 21,000 mental health-related jobs to accomplish treating 1 million extra patients by 2020/21, providing services 24 hours a day and seven days a week and integrating physical and mental health.¹⁹¹³ This action is also in support of the World Health Organization's Mental Health Action Plan 2013-2020.

On 12 October 2017, the Northern Ireland Department of Justice Office posted a report on new horticultural initiatives being placed in prisons to improve mental health of elderly prisoners.¹⁹¹⁴ This action is also in support of the WHO's Mental Health Action Plan 2013-2020.

On 6 November 2017, the House of Commons resolved on a debate to consider an e-petition regarding mental health in school curriculums.¹⁹¹⁵ This action is also in support of the WHO's Mental Health Action Plan 2013-2020.

On 22 November 2017, the Autumn 2017 Budget from HM Treasury was published. In this budget, it is stated that GBP 5 million from bank fines in Northern Ireland, Scotland and Wales will go to various projects, including towards mental health initiatives for veterans in the Scottish Highlands.¹⁹¹⁶ The Budget also allocates GBP 28 million to victims of the Grenfell Tower tragedy, including mental health services.

In December 2017, the Department of Health and Social care and the Department for Education presented a joint green paper entitled Transforming Children and Young People's Mental Health Provision.¹⁹¹⁷ The green paper recognizes children and youth as an underserved and vulnerable population. It includes plans to improve access to services and mental health support in schools such as training a senior mental health lead in every school and creating mental health support teams to

¹⁹¹¹ Mental Health Units (Use of Force) Bill 2017-2019 Briefing Paper, House of Commons Library (London) 2 November 2017. Access Date: 12 November 2017. <http://researchbriefings.parliament.uk/ResearchBriefing/Summary/CBP-8088#fullreport>.

¹⁹¹² Mental Health Policy in England Briefing Paper, House of Commons (London) 23 August 2017. Access Date: 8 November 2017. <http://researchbriefings.parliament.uk/ResearchBriefing/Summary/CBP-7547#fullreport>.

¹⁹¹³ Thousands of new roles to be created in mental health workforce plan, Department of Health (London) 31 July 2017. Access Date: 12 November 2017. <https://www.gov.uk/government/news/thousands-of-new-roles-to-be-created-in-mental-health-workforce-plan>.

¹⁹¹⁴ New horticulture initiative helps tackle mental health issues for elderly, Department of Justice (Belfast) 12 October 2017. Date accessed: 12 November 2017. <https://www.justice-ni.gov.uk/news/new-horticulture-initiative-helps-tackle-mental-health-issues-elderly>.

¹⁹¹⁵ Mental Health Education in Schools, House of Commons Hansard (London) 6 November 2017. Access Date: 12 November 2017. <https://hansard.parliament.uk/commons/2017-11-06/debates/COBDFB2D-549E-4881-9EFB-F7BFF023888A/MentalHealthEducationInSchools>.

¹⁹¹⁶ Autumn Budget 2017, HM Treasury (London) 22 November 2017. Access Date: 8 January 2018. <https://www.gov.uk/government/publications/autumn-budget-2017-documents/autumn-budget-2017>.

¹⁹¹⁷ Transforming children and young people's mental health provision: a green paper, Department of Health and Department for Education (London) December 2017. Access Date: 8 April 2018. https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/664855/Transforming_children_and_young_people_s_mental_health_provision.pdf

work directly with schools and colleges. Post consultation, funding of over 300 million GBP will be made available.¹⁹¹⁸

On 7 December 2017, the Department of Health and Social Care published the “Framework for Mental Health Research.” This document was developed to provide a collective view of taking advantage of upcoming advances in science and technology in the next decade with respect to mental health research.¹⁹¹⁹ This action is also in support of the WHO’s Mental Health Action Plan 2013-2020.

On 17 January 2018, the British government appointed a “Minister for Loneliness” as part of a larger national strategy tackling mental health issues.¹⁹²⁰ Additionally, the Office of National Statistics will supplement the appointment by developing a method of measuring loneliness. The focus on loneliness comes after the NHS England’s Chief Nursing Officer Professor Jane Cummings noted that loneliness could be lethal in colder months, especially for elderly individuals.¹⁹²¹

On 16 April 2018, the NHS launched the Veteran’s Mental Health Complex Treatment Service after receiving feedback from veterans and their families on how to best close existing gaps in mental health services for veterans.¹⁹²² The NHS will provide EUR 3.2 million in funding annually to address substance misuse, trauma focused therapies, and relationship management among other issue areas.¹⁹²³

On 20 April 2018, the British government in partnership with the Department for International Development announced a EUR 1 million grant for the Time to Change initiative as a part of the Commonwealth Heads of Government meeting in London.¹⁹²⁴ The Time to Change initiative seeks to raise public awareness around mental health stigma and discrimination. The initiative aims to share best mental healthcare practices with low and middle income countries.¹⁹²⁵ This action is also in support of the WHO’s Mental Health Action Plan 2013-2020.

¹⁹¹⁸ Transforming children and young people’s mental health provision: a green paper, Department of Health and Department for Education (London) December 2017. Access Date: 8 April 2018. https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/664855/Transforming_children_and_young_people_s_mental_health_provision.pdf

¹⁹¹⁹ A Framework for Mental Health Research, Department of Health and Social Care (London) 7 December 2017. Access Date: 22 April 2018.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/665576/A_framework_for_mental_health_research.pdf

¹⁹²⁰ Minister for loneliness appointed to continue Jo Cox’s work, BBC (London) 17 January 2018. Access Date: 14 May 2018. <http://www.bbc.com/news/uk-42708507>.

¹⁹²¹ Cold weather and loneliness ‘lethal in winter,’ BBC (London) 13 December 2017. Access Date: 14 May 2018. <http://www.bbc.com/news/health-42329791>.

¹⁹²² NHS England set to transform healthcare for military veterans, Bath ECHO (Bath) 16 April 2018. Access Date: 14 May 2018. <https://www.bathecho.co.uk/news/health/nhs-england-set-transform-mental-health-care-military-veterans-77991/>.

¹⁹²³ NHS England set to transform healthcare for military veterans, Bath ECHO (Bath) 16 April 2018. Access Date: 14 May 2018. <https://www.bathecho.co.uk/news/health/nhs-england-set-transform-mental-health-care-military-veterans-77991/>.

¹⁹²⁴ New funding to tackle mental health stigma and discrimination in Commonwealth countries (London) 20 April 2018. Access Date: 14 May 2018. <http://www.time-to-change.org.uk/news/new-funding-tackle-mental-health-stigma-and-discrimination-commonwealth-countries>.

¹⁹²⁵ New funding to tackle mental health stigma and discrimination in Commonwealth countries (London) 20 April 2018. Access Date: 14 May 2018. <http://www.time-to-change.org.uk/news/new-funding-tackle-mental-health-stigma-and-discrimination-commonwealth-countries>.

On 10 May 2018, the NHS announced EUR23 million in funding for perinatal mental health services. The NHS reported that it was on track to provide full geographical coverage of perinatal mental health services across the UK.¹⁹²⁶

Through partnering with the Elhra's Health in Humanitarian Crises Programme (R2HC), the UK has funded numerous projects working targeting mental health and youth.¹⁹²⁷ These projects include an evaluation of phone-delivered psychotherapy for refugee children, evaluations of scalable interventions to improve the mental health of Syrian and refugee youth. However, there is no publicly available evidence that these projects were initiated within the compliance period.

It is also known that the United Kingdom works to support the Jordan Response Plan for the Syria Crisis, including financially supporting individuals to access mental health resources. The UK's efforts in Jordan also include working with community and family to reduce stigma around mental health issues, focusing on psychosupport children and other vulnerable groups, and developing capacity in primary health care workers. The UK's efforts have resulted in 700 individuals receiving specialized medical care, 300 vulnerable families receiving protection based cash support, and 120 Ministry of Health primary care providers receiving mental health training, among others. Still, there is no publicly available evidence that details the UK's specific efforts and whether they were initiated after the 2017 Taormina Summit.

The United Kingdom implemented actions in line with all national initiatives, but did not take sufficient, and publicly documented, action to implement mental health improvements as a member of the international community.

Thus, the United Kingdom receives a score of 0.

Analyst: Bailey McMaster

United States: -1

The United States has not complied with its commitment to pursue mental health policies on both a national and international level.

On 31 May 2017, Veteran Affairs Secretary Shulkin announced that by the end of the year all Veteran Affairs (VA) outpatient centers will offer same day primary mental health services. Currently out of the 168 VA primary care centres, 10% do not meet this standard. Wait times are available for all centers across the country, this electronic health records system will be further updated.¹⁹²⁸

On 3 August 2017, three initiatives were announced that would increase access to health care for American Veterans nationwide. These initiatives use telehealth technology and mobile applications to aid Veterans with mental health as well as suicide prevention.¹⁹²⁹

On 12 October 2017, the House Judiciary Committee approved the Law Enforcement Mental Health and Wellness Act of 2017. The bipartisan bill is set to improve mental health services for law

¹⁹²⁶ All women to have access to perinatal coverage by next year (Manchester) 10 May 2018. Access Date: 14 May 2018. <http://www.nationalhealthexecutive.com/Health-Care-News/all-women-to-have-access-to-perinatal-mental-health-services-by-next-year>.

¹⁹²⁷ Programme Aim, Elrha Research for Health in Humanitarian Crises Programme (London). Access Date: 2 June 2018 <http://www.elrha.org/r2hc/about/>

¹⁹²⁸ Press Briefing by Secretary of Veterans Affairs David Shulkin, Office of the Press Secretary (Washington) 31 May 2017. Access Date: 18 November 2017. <https://www.whitehouse.gov/briefings-statements/press-briefing-secretary-veterans-affairs-david-shulkin-053117/>.

¹⁹²⁹ President Trump and Secretary Shulkin Announce Veteran Telehealth Initiatives, Blog (Washington) 3 August 2017. Access Date: 19 November 2017. <https://www.whitehouse.gov/blog/2017/08/03/president-trump-and-secretary-shulkin-announce-veteran-telehealth-initiatives>.

enforcement officers. Studies have shown that police officers have high rates of stress and mental illness. The bill equips local law enforcement agencies to help address mental health challenges, peer mentoring pilot programs and studying usefulness of crisis hotlines and annual mental health checks.¹⁹³⁰

On 26 October 2017, President Donald Trump declares a nationwide public health emergency to address the opioids crisis. The action enables telemedicine services to remotely prescribe medicine for mental health treatment, this is important for providing mental health services to remote communities.¹⁹³¹

On 27 March 2018, the USD 1.3 trillion omnibus spending bill includes USD 3.2 billion of funding for mental health care, an increase of 17% compared to the previous year.¹⁹³² In the light of recent school shootings, USD 700 million has been provided to the Department of Education for Student Support and Academic Enrichment grants. The grants will be used to identify and provide mental health support to students that may harm themselves or others around them.¹⁹³³ This action is also in support of the World Health Organization's Mental Health Action Plan 2013-2020.

The United States of America has taken steps to help vulnerable and marginalized populations to receive mental health care, and formalized the role of mental health patients with monitoring and implementing mental health plans. However, the budget has reduced the funding for mental health spending, and the United States fails to comply with the international partnering component of this commitment and has not taken action as a member of an international organization.

Thus, the United States receives a score of -1.

Analyst: Nam Topp-Nguyen

European Union: +1

The European Union has fully complied with its to implement mental health initiatives and to promote mental health as a member of an international organization.

From 8 to 9 June 2017, the EU hosted its second Mental Health Compass Forum. The forum is designed to bring policymakers, state representatives, non-governmental organizations such as advocacy groups and care organizations, and service professionals providers and users together. The three main topics discussed were mental health in schools, workplaces, and suicide prevention. During the forum, attendees recognized the need for greater inclusion of marginalized populations such as those of lower socioeconomic status.¹⁹³⁴ This action is also in support of the World Health Organization's Mental Health Action Plan 2013-2020.

¹⁹³⁰ House Judiciary Committee Approves Bill to Improve Mental Health Services for Law Enforcement Officers, Judiciary Committee (Washington) 12 October 2017. Access Date: 19 November 2017. <https://judiciary.house.gov/press-release/house-judiciary-committee-approves-bill-improve-mental-health-services-law-enforcement-officers/>.

¹⁹³¹ President Donald J. Trump is Taking Action on Drug Addiction and the Opioid Crisis, Office of the Press Secretary (Washington) 26 October 2017. Date of Access: 17 November 2017. <https://www.whitehouse.gov/the-press-office/2017/10/26/president-donald-j-trump-taking-action-drug-addiction-and-opioid-crisis>.

¹⁹³² Medical Research, Drug Treatment And Mental Health Are Winners In New Budget Bill, National Public Radio. 22 March 2018. Access Date: 22 April 2018. <https://www.npr.org/sections/health-shots/2018/03/22/596116779/medical-research-drug-treatment-and-mental-health-are-winners-in-new-budget-bill>

¹⁹³³ ICYMI: Secretary Of Education Betsy DeVos: "How The Omnibus Spending Law Makes Schools Safer", The White House (Washington). 27 March 2018. Access Date: 22 April 2018. <https://www.whitehouse.gov/briefings-statements/icymi-secretary-education-betsy-devos-omnibus-spending-law-makes-schools-safer/>

¹⁹³⁴ Mental Health at Work and in Schools, Prevention of Suicide Report of the 2017 EU Compass Forum, EU Compass Forum on Mental Health and Well-being (Brussels) 27 October 2017. Access Date: 2 November 2017 https://ec.europa.eu/health/sites/health/files/mental_health/docs/ev_20170608_mi_en.pdf.

On 9 June 2017, at the end of the Mental Health Compass Forum, a consensus paper on Mental Health in the Workplace in Europe was endorsed.¹⁹³⁵ The paper emphasizes the costs of poor mental health, the cost-effectiveness of mental health intervention programmes and health as well as examples of best practices and relevant activities from across EU member states.¹⁹³⁶ This action is also in support of the WHO's Mental Health Action Plan 2013-2020.

From 12 to 13 October 2017, the European Commission, the European Social Fund, and the European Social and Investment Funds, in conjunction with the Republic of Estonia Ministry of Social Affairs, hosted the Dignity+Independent Living Conference.¹⁹³⁷ The goal of the conference was to discuss the transition from institution-based care to community-based support. The conference examined the mental health impacts of living in institutions, showing an implementation of national mental health initiatives. This is also in accordance with the World Health Organization Mental Health Action plan to provide mental health services in community settings.¹⁹³⁸ This action is also in support of the WHO's Mental Health Action Plan 2013-2020.

On 18 October 2017, the EU posted its Good Practice collection survey. Anyone can respond to the survey, but the questions require a level of knowledge regarding efficacy of said practice. The survey's content deals with the efficacy of the practise, the level of involvement in developing the practise from mental health service users, and the geographic scale of the project.¹⁹³⁹ This action is also in support of the WHO's Mental Health Action Plan 2013-2020.

On 17 November 2017, the EU pledged EUR 313,135 to STRENCO. The aim of this project is to strengthen collaboration between academics and students, service users and practitioners and to develop tools to assess multi-professional competences for mental health students in an international context. The project will run over three years with collaborating partners from Tampere University of Applied Sciences, Finland; Jyväskylä University of Applied Sciences, Finland; Vives University (Zuid), Belgium; the Technological Educational Institute of Athens, Greece and the University of Salford University in the UK.¹⁹⁴⁰ This action is also in support of the WHO's Mental Health Action Plan 2013-2020.

On 14 December 2017, the EU pledged EUR 10.9 million to fund Libyan health care, with a focus on mental health services.¹⁹⁴¹

¹⁹³⁵ Mental health in the workplace in Europe, EU Compass for Action on Mental Health and Wellbeing, (Brussels) 9 June 2017. Access Date: 8 April 2018.

https://ec.europa.eu/health/sites/health/files/mental_health/docs/compass_2017workplace_en.pdf

¹⁹³⁶ Mental health in the workplace in Europe, EU Compass for Action on Mental Health and Wellbeing, (Brussels) 9 June 2017. Access Date: 8 April 2018.

https://ec.europa.eu/health/sites/health/files/mental_health/docs/compass_2017workplace_en.pdf

¹⁹³⁷ Dignity +Independent living = DI Employment, Social Policy, Health and Consumer Affairs Council (EPSCO), Estonian Presidency of the Council of the European Union (Brussels) 12 October 2017. Access Date: 2 January 2018 <https://www.eu2017.ee/political-meetings/dignity-independent-living-di>.

¹⁹³⁸ Comprehensive mental health action plan, World Health Organization (Geneva) 2013. Access Date: 4 January 2018 http://apps.who.int/iris/bitstream/10665/89966/1/9789241506021_eng.pdf?ua=1.

¹⁹³⁹ EU-Compass for Action on Mental Health and Well-being: 2018 Good Practices Survey, EU Compass Form on Mental Health and Well-being (Brussels) 18 October 2017. Access Date 4 November 2017 <https://www.webropolsurveys.com/Answer/SurveyParticipation.aspx?SID=Fin1380580&SID=a197e987-ec16-4ec7-8a11-b57f281d6177&dy=245659521>.

¹⁹⁴⁰ STRENCO — Strengthening multi-professional competencies in mental health in an international context, through co-production with academics, students, service users and professionals, Trinity College Dublin (Dublin) 14 November 2017. Access date: 2 January 2018. <https://www.tcd.ie/globalrelations/news/20171121-strenco.php>.

¹⁹⁴¹ EU launches 10.9 million euro healthcare program in Libya, The Libya Observer (Tripoli) 14 December 2017. Access Date: 2 January 2018 <https://www.libyaobserver.ly/health/eu-launches-%E2%82%AC109-million-healthcare-program-libya>.

On 22 December 2017, the EU posted its budget for 2018. In it, it is confirmed that EUR 360,000 would be allocated for a pilot project — severe mental disorders and the risk of violence: pathways through care and effective treatment strategies, a continuation of a previous year’s project. The goal of promoting health, including mental health, in particular among adolescents, preventing diseases and fostering supportive environments for healthy lifestyles is also stated.¹⁹⁴²

From 8 to 9 February 2018, the EU hosted their third Mental Health Compass Forum. The focus will be on providing community-based mental health services and developing integrated approaches to governance, which is often referred to as mental health in all policies. The forum is designed to bring policymakers, state representatives, non-governmental organizations such as advocacy groups and care organizations, and service professionals providers and users together.¹⁹⁴³

On 20 March 2018, the EU invested EUR7.6 million in the Innovation Recovery project, an initiative in Ireland that creates three “recovery colleges” in Ireland with a particular focus on rural areas where attendees can take courses along with traditional therapeutic options to better understand their own mental health.¹⁹⁴⁴

The EU has increased research and data collection across its member states, involving mental health service users and opening surveys to the public. In addition, it has allocated budget toward mental health initiatives domestically. On an international level, it has facilitated international collaboration and knowledge sharing, while providing funds and expertise to other countries to develop infrastructure.

Thus, the EU has fully complied with its commitment and receives a score of +1.

Analyst: Heather Wong

¹⁹⁴² DRAFT General budget of the European Union for the financial year 2018 VOLUME 3 SECTION III COMMISSION, European Commission (Brussels) 22 December 2017. Access Date: 2 January 2018 <http://eur-lex.europa.eu/budget/data/DB/2018/en/SEC03.pdf>.

¹⁹⁴³ Third EU Mental Health Compass Forum, European Commission (Brussels) Access Date: 19 April 2018 https://ec.europa.eu/health/mental_health/events/ev_20180208_en#5.

¹⁹⁴⁴ EU invests 7.6 million Euro in mental health recovery, Newry Times (Newry) 20 March 2018. Access Date: 19 April 2018 <http://newrytimes.com/2018/03/20/eu-invests-e7-6-million-in-mental-health-recovery/>.